## **NDHC Moves into Phase 2 of Reopening**

We are pleased that in round 3 of testing, all residents tested negative. Additionally, all employees that were tested also came back negative. On July 13, the state approved us to move into phase 2 of reopening of our nursing home. There are some real significant changes in phase 2. Below is a list of the changes most significant to you being able to visit and to the residents activities of daily living.

- Resident visitation would be allowed indoors, one guest at a time with all the current screening, masking, and distance requirements maintained. Under 18 can also visit, but must follow the same screening requirements.
- 2. Group dining can begin with normal seating, but tables spaced 6 feet apart.
- 3. Larger group activities can now take place if we maintain social distancing as well as masking.
- 4. Outdoor visits can also be scheduled if more than 1 person wants to visit at the same time.

If you are interested, there are a couple ways you can see the entire re-opening document. First of all, you can go to <a href="www.ndhc.net">www.ndhc.net</a>. There is a link related to COVID 19 and visitation that will contain the entire document. We could also scan and e-mail you the document if that is easier. Finally, we could send you a copy in the mail if you prefer that route as well.

## **Indoor visiting hours are as follows:**

Monday thru Friday: 9 AM - 11 AM. 1 PM - 5 PM. 6 PM - 7 PM.

Saturday and Sunday: 9 AM – 11 AM. 3 PM – 5 PM.

To schedule an indoor visit, call Jess Gravdahl at 701-587-6408.

## **Outdoor visiting hours are as follows:**

Monday through Friday: 9 AM - 11 AM. 1 PM - 4 PM

To schedule an outdoor visit, call the activity department at 701-587-6431.

## <u>Screening requirements, information, and changes for all visits:</u>

- 1. Come to the main entrance of the hospital and be screened by a hospital nurse. Use hand hygiene at screening area.
- 2. Bring a mask or one will be provided to wear throughout the visit
- 3. You can now walk through the facility to your outdoor visit or to your resident's room. Use hand hygiene again if you are doing indoor visit and entering the room.
- 4. You can give your resident a hug if you keep your mask on and have done hygiene! So give your family member a much needed hug!!
- 5. Call at least 24 hours in advance to schedule a visit.
- 6. If an indoor visit, you must remain in the resident room during the visit. At the conclusion of the visit, you can exit the facility through the main entry.

Thank you, Pete Antonson